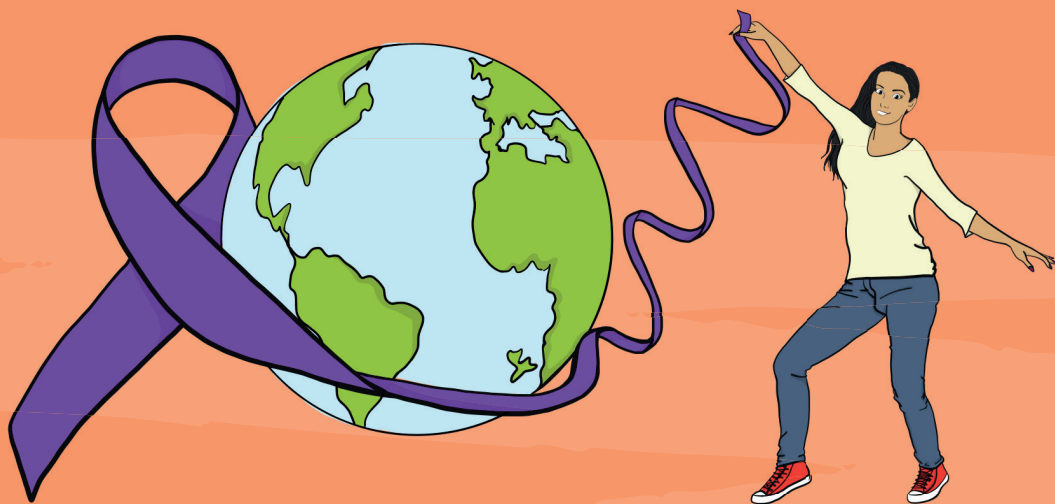


ME AND MY CANCER



CANCER,
LET'S TALK ABOUT IT TO PREVENT IT,
LET'S UNITE TO FIGHT IT,
LET'S SHARE OUR EMOTIONS TO OVERCOME IT!

In support of World Cancer Day 2021

Every year, billions of people around the world are diagnosed with cancer. For World Cancer Day, that takes place on the 4th of February every year, a medical devices laboratory and an illustrator, both committed to the cause, created this booklet to support everyone who is fighting the disease.

This booklet aims to highlight the courage of cancer patients. It is also a tribute to the health-care professionals, caregivers and associations that fight every day alongside them.

Based on the testimonies of a real-life patient called Sarah, this booklet follows her cancer journey with realism and humour. Sarah is an “ordinary” patient who has been through a rollercoaster of emotions since her diagnosis. Even though she sometimes feels lost or is full of doubts, she never feels alone in fighting the disease. This is due to the support she has received. Created for everyone who is committed to the cause, we hope that you will enjoy reading “Me and my cancer” as it intends to be light, optimistic, and full of hope.

« HI, MY NAME IS SARAH AND I WAS DIAGNOSED WITH CANCER. HERE IS MY STORY! »



And we're done!
Did you understand the
explanations?

I knew I should have
paid attention in biology
class!



MY CANCER DIAGNOSIS WAS HARD
TO PROCESS.
YOU PROBABLY HAVE FELT LOST
AND CONFUSED BY THE WORDS
THAT WERE USED.
DON'T WORRY, ME TOO!

Healthcare professionals are here to support you.

You do not have to face your uncertainties alone; it is important to understand the doctors' words to mentally prepare yourself for the treatment to come.



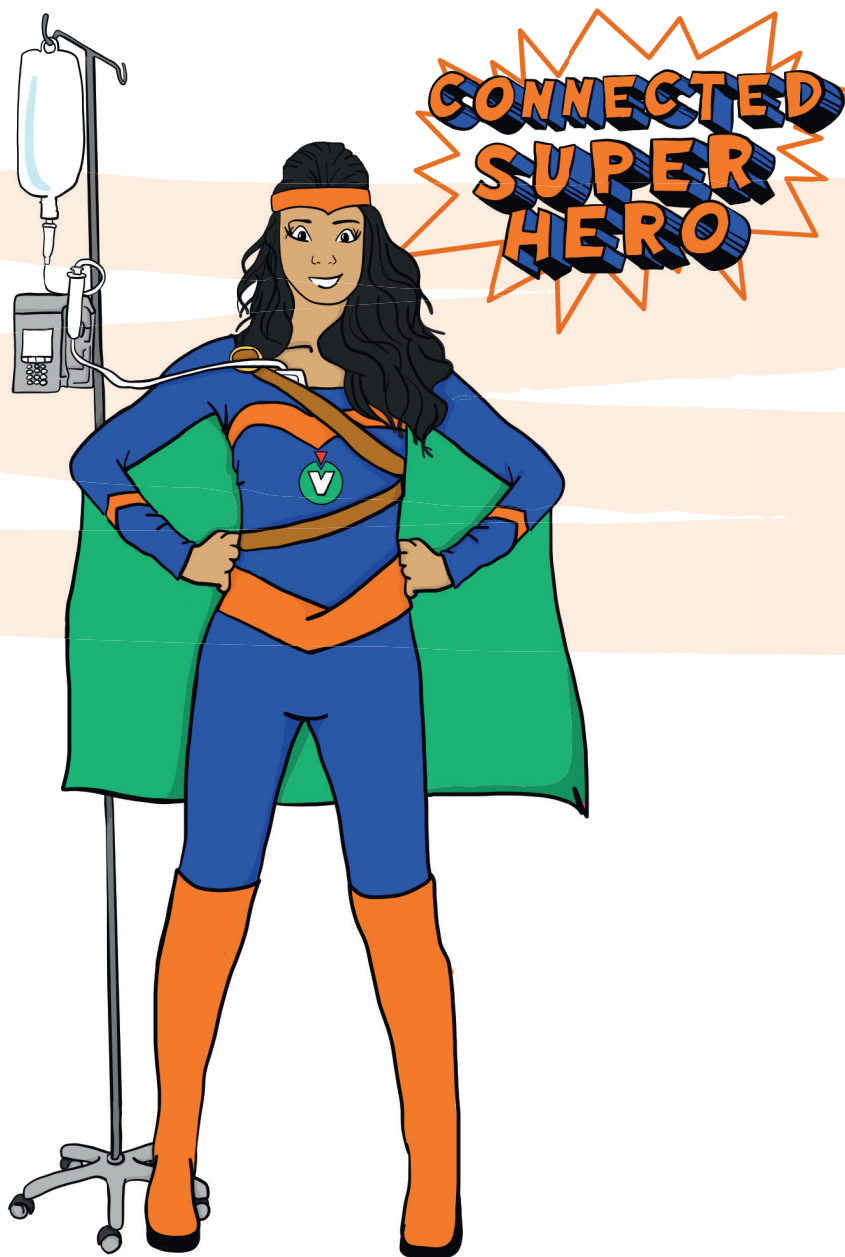
THE EMOTIONAL STAGES OF CANCER DIAGNOSIS



YOU'RE PROBABLY GOING THROUGH THE SAME
EMOTIONS AS ME.

MY OBJECTIVE: GET TO THE LAST STEP AS SOON
AS POSSIBLE!

These emotions are common to everyone affected by cancer. Acceptance is hard to consider when the diagnosis is made but it remains an essential step towards moving forward. If you feel depressed or unhappy, please talk about it. Healthcare professionals and associations are here to support you.



I AM NOT A HERO.
I AM NOT A STAR.
I AM NOT THE WORST NOR AM I THE BEST.
I AM ME. I AM A WARRIOR.

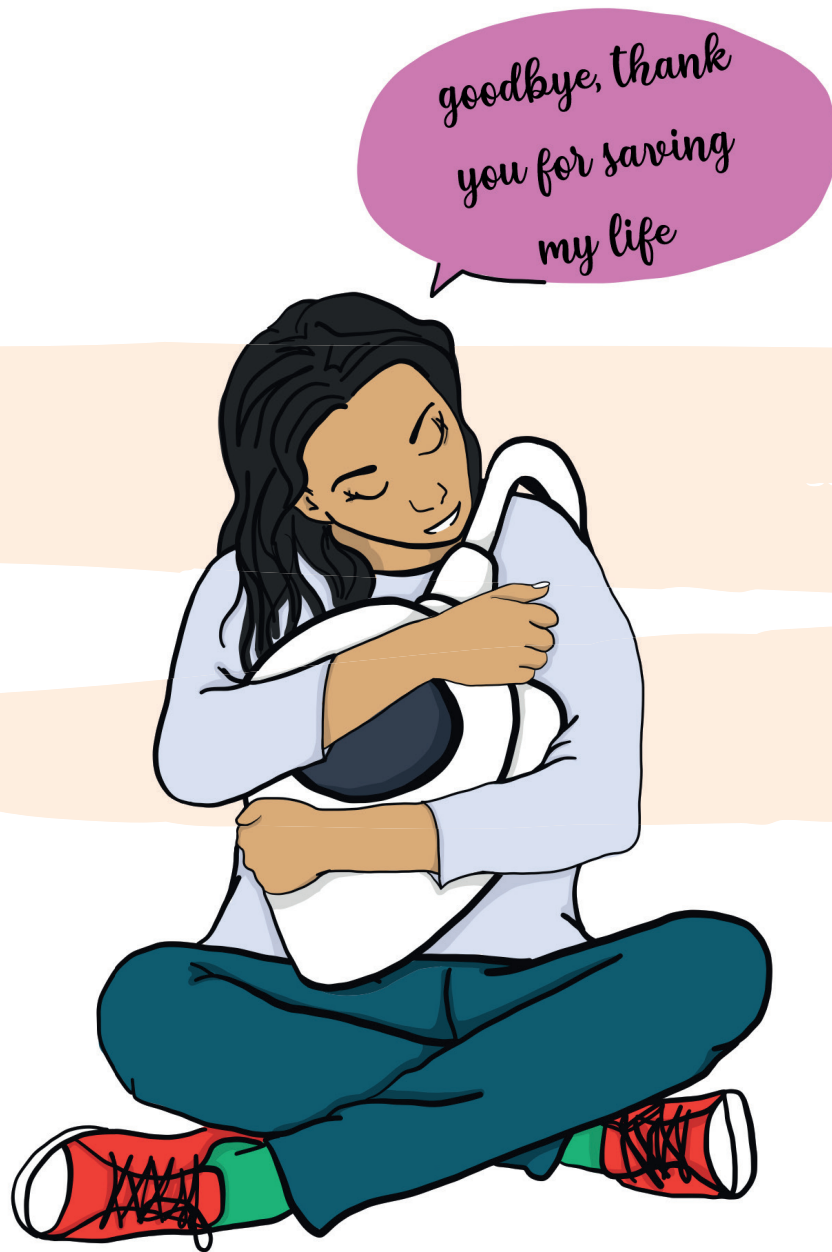
Treatment options improve every day and thousands of people are cured every year.

Trust the future.
Keep on living and dreaming of new treatments!



MY NEW RESOLUTIONS! FOR A BETTER HEALTH, LESS SUGAR AND MORE EXERCISE!

Regular physical activity and a healthy diet can enhance your physical condition and optimise your treatment's efficiency.



GOODBYE TO MY IMPLANTABLE PORT! I HAD QUITE A HARD TIME GETTING USED TO YOU AT FIRST. HOWEVER, YOU WERE QUITE DISCREET. YOU WERE BY MY SIDE DURING MY TREATMENT AND IT IS PARTLY THANKS TO YOU THAT I AM CURED TODAY. GOODBYE MY FRENEMY! YOU SAVED MY LIFE!

Your implantable port allows your nurses to administer your intravenous chemotherapy treatment. Implanted under the skin, it is only helping your well-being!

SUPERHEROES ARE NOT ALWAYS MASKED
CHARACTERS WHO FIGHT CRIME...

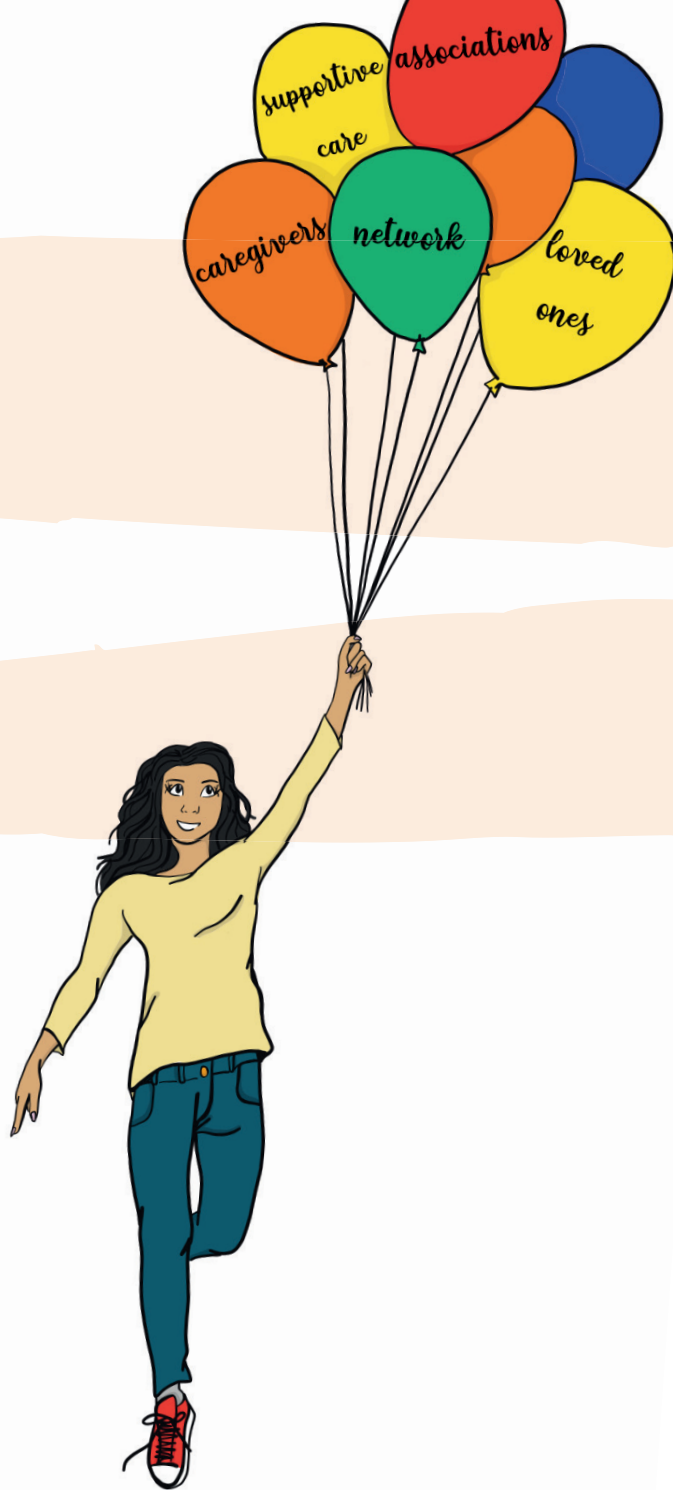
SOMETIMES, SUPERHEROES ARE HEALTHCARE
PROFESSIONALS WHO DO EVERYTHING THEY
CAN TO SAVE OUR LIVES.

AND THEY WEAR MASKS TOO!

A lot of people come together to support patients.

This illustration honours all the caregivers and healthcare
professionals committed to the cause.



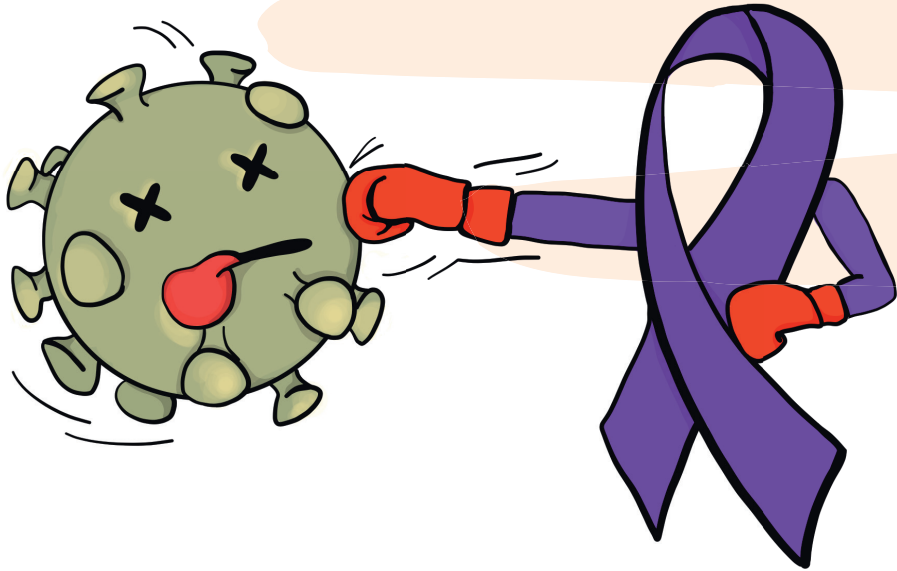


TO THE SUPPORTIVE CARE
PROFESSIONALS*, TO ASSOCIATIONS,
TO THE INDUSTRY, TO EVERYONE
WHO IS FIGHTING FOR A CANCER-FREE
WORLD AND IS SUPPORTING THE
CAUSE, THANK YOU.

You are not alone in this, let the ones who only want your
best to elevate you through the journey.

** Social workers, dieticians, physiotherapists,
psychologists, socio-aestheticians ...*

Despite the pandemic,
I'll keep fighting



LISTEN CAREFULLY, YOU, MEAN VIRUS,
THERE IS NO WAY YOU WOULD
DELAY MY TREATMENT!
I HAVE ANOTHER FIGHT!

Hospitals are doing everything they can to guarantee your safety through your check-ups and your therapeutic sessions. You are the actor of your health, do not forget yourself!

Marine



Value Life

Illustrated by Marine Illustrations

2021, this booklet is a collaboration between VYGON and Marine Illustrations